

BUKIWAZA

WAFFENTECHNIKEN

LANGEDISTANZ

YARI		NAGINATA	
Kamae	Keiko Gata	Kamae	Kihon Kyuhô
1. Tate 2. Jodan 3. Ryûsui 4. Seigan 5. Chûdan 6. Taihen 7. Gedan	1. Ryûka 2. Yari Taihen Yari no Waza 1. Kanpô 2. Shihô Waza 3. Hichô Haku 4. Hitotsuki Yaku 5. Ichû Santô 6. Hissaku 7. Hisô 8. Ten Chi Kaku	1. Hassô 2. Seigan 3. Yoko Ichimonji 4. Naka Seigan 5. Hira Ichimonji	1. Sukui Age 2. Hataki Taoshi 3. Ashi Barai 4. Hane Taoshi 5. Kuri Dashi 6. Zango Nagi 7. Sashi Chigai 8. Tobi Kiri 9. Nagi Taoshi
Yari no Kihon Gata			
1. Tsuki no Wa 2. Yari no Aruki 3. Kasumi Uchi 4. Suwari Uchi			

BÔ JUTSU		
Kamae	Bô no Uchi	Bô no Kihon Gata
1. Jodan 2. Chûdan 3. Gedan 4. Ichimonji 5. Hira Ichimonji 6. Ihen 7. Seigan 8. Tenchijin 9. Heitô	1. Age Uchi 2. Kasumi Uchi 3. Tentô Uchi 4. Dô Uchi 5. Ashi Barai 6. Kote Uchi 7. Toki Uchi 8. Tsuki 9. Fûri 10. Men Uchi 11. Sune Uchi 12. Yoko men Uchi 13. Tsuki Gyakute 14. Hane Age	1. Ukemi 2. Ashi Barai 3. Shio Bô Furi 4. Men Uchi Harai 5. Tsuki Hane Bô no Waza 1. Gohô 2. Ura Gohô 3. Sashi Ai 4. Fune Bari 5. Tsuru no Hito Ashi 6. Ura Issoku

MITTLEREDISTANZ

BIKEN JUTSU		JÔ JUTSU	
Kamae	Happô Kiri	Kamae	Jôjutsu no Kata
1. Jodan 2. Seigan 3. Ryûsui 4. Chûdan 5. Hassô 6. Gedan 7. Ichi	1. Kiri Age 2. Tentô Giri 3. Dô Kiri 4. Kesa Giri 5. Gyaku Kesa Giri Biken Jutsu 1. Tsuki Komi 2. Tsuki Kake 3. Kiri Age 4. Kiri Sage 5. Kinshi 6. Kochô Gaeshi 7. Shi Hô Kiri 8. Happô Kiri 9. Tsuki no Wa	1. Ihen 2. Ichimonji 3. Gedan 4. Chûdan 5. Tenchi 6. Hira Ichimonji 7. Tate jô 8. Seigan	1. Jûmonji 2. Roppo 3. Kyûhō 4. Hiryû 5. Tsuki Iri 6. Ude Gake 7. Kote Gaeshi 8. Tachi Otoshi

HANBÔ JUTSU		
Kamae	Hanbô Jutsu no Uke Nagashi	Hanbô Jutsu no Waza
1. Hira Ichimonji 2. Tate 3. Munen Musô 4. Otonashi 5. Kage	1. Naname Ushiro Omote Waki Uchi 2. Naname Ushiro Ura Waki Uchi 3. Naname Mae Omote Waki Uchi 4. Mawashi Kote Uchi Omote 5. Mawashi Kote Uchi Ura 6. Kote Uchi Omote 7. Kote Uchi Ura	1. Kyokotsu Kudaki 2. Hon Gyaku Dori 3. Omote Gyaku Dori 4. Ura Gyaku Dori 5. Take Ori 6. Tsuke Iri 7. Koshi Ori 8. Ganseki Otoshi 9. Oni Kudaki Omote 10. Kote Gaeshi 11. Gyaku Otoshi 12. Ko Kudaki 13. Kasumi Gake 14. Kote Harai
Tsuki to Furi		
1. Katate Tsuki 2. Hanbô no Furi 3. Katate Fûri 4. Hachimonji Buri		

KURZEDISTANZ

SHOTÔ		TANTÔ	
Kamae	Waza	Kamae	Tantô Jutsu no Gogyô
1. Seigan 2. Naka Seigan 3. Otonashi/Shizentai	1. Hichô Ken 2. Shishi Geki 3. Jûji Ken	1. Shizen 2. Jûmonji 3. Musô 4. Ichi	1. Chi 2. Suio 3. Ka 4. Fû 5. Kû
KUNAI			
Kamae	Waza		
1. Sayu Shizen 2. Jûmonji 3. Kagete 4. Mizu Tori 5. Ichi 6. Seigan 7. Ten	1. Kiri no Hito Ha 2. Rakka 3. Mizu Tori 4. Gorin Kudaki 5. Mawari Dori		



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